



Central Middle School Cheer Squad

GENERAL CHEER SQUAD PROGRAM INFORMATION:

The Central Middle School Cheer Squad Program is an integral part of the atmosphere and excitement that generates Bearcat Spirit at football and basketball games, parades, and pep rallies through dance and cheer. The squad will consist of members based upon the top scores from the try-out.

Benefits of the Cheer Squad Program

- School recognition as a motivator of school spirit
- A chance to perform at fun events
- Bonding with fellow classmates

ELIGIBILITY AND REQUIREMENTS:

1. A dance/cheer clinic will be offered on May 16th-20th, 2022. Attendance all five days will be MANDATORY, unless a medical excuse is received.
2. Students must turn in a completed physical form, application, and handbook/demerit form before try-out week. You will receive bonus points for turning in paperwork on time. The Teen Health Clinic will perform physicals, for those needing one. Please contact the Teen Health Clinic for an appointment at 409.766.5750, or your pediatrician or other health provider.
3. Teacher evaluations will be turned in directly to the coach/administration. Teachers will rate you from 1-5 on work ethic, attitude, leadership, behavior, and character.
4. Students must have no more than two (2) office referrals, in-school suspensions, or after school detentions during the school year.
5. Cheer Squad members must be able to attend all practices (including summer camps), performances, appearances, competitions and games unless excused by the coach in advance. Failure to do so could result in removal or suspension from the team.
6. Commit to a cardiovascular and training program provided by the coach.

TRYOUT PREPARATION:

1. Submit a complete Cheer Squad tryout application.
2. Attend all tryout clinics.
3. You are going to want to make sure that you are in great physical condition. Central Middle School Cheer Squad members will participate in regular cardiovascular training. Being in top physical condition will improve your talent and reduce your risk of injury.
4. Fill out all forms and upload physicals to RankOne. Please make sure physicals are signed by the candidate and parents.

TERMS AND CONDITIONS:

1. All Cheer Squad members will get along; teamwork is essential for a successful squad. They will also display positive attitudes since they are viewed as role models for the school. There will be a no tolerance policy for bullying! Failure to do so will result in removal or suspension from the team.
2. Cheer Squad members must maintain a 75 average in all classes.
3. Every effort will be made to try to work out participating in the Cheer Squad and other sports.
 - a. Students may not miss more than 3 practices. 3 absences (excused or not) will result in a warning. 5 absences will result in a 1-week suspension from the team. 7 absences will result in removal from the team. School sponsored events/school sports are the exception.
4. An office referral, ISS, or After School Detention may cause termination or suspension from the team (see Demerit Form). This will be up to the Cheer Squad sponsor/coach and the principal.
5. School attendance is required to participate in practice or games. If you are absent on game day, you will not be allowed to cheer that afternoon.
6. Cheer Squad members will perform at all home football games and both boys and girls basketball games.
7. Cheer Squad members must not wear jewelry during practice/games/performances, must wear cheer shoes/tennis shoes, and must have their hair up.

Cheer Squad SELECTION:

- Candidates will be judged on the following:
 - Dance ability
 - Cheer/chant technique
 - Jumps
 - Tumbling skills
 - Appearance
 - Personality
 - Overall talent
 - Poise
- Cheer Squad members will be selected based half on teacher recommendations and half on their scores during try-outs. Specifics about tryouts will be provided the week of the clinic.

Cheer Squad YEARLY COST:

We will try to work with all parents/guardians as I do not want students to miss out on cheer due to finances. However, we have no budget, so there will be a cost to the parents. These are expenses that you need to be aware of up front:(We will do some fundraising in June to help

Uniform Package (estimated)	\$100
(uniform, bloomers, socks, hair accessory, shoes, socks and poms)	
Practice Uniform Package (estimated)	\$60
(2 practice outfits, bow, bag, socks and sports bra)	
Warm-ups	\$60
(Jacket and pants)	
Total.....	\$220